

# Building Discrepancy

How will your life change if you choose to either continue or quit using drugs and alcohol?

<b>My career, school, or professional life will be affected...</b>	
If I continue using:	If I quit using:

<b>My relationships with my family and other loved ones will be affected...</b>	
If I continue using:	If I quit using:

<b>My relationships with friends will be affected...</b>	
If I continue using:	If I quit using:

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<b>My long-term goals will be affected...</b>	
If I continue using:	If I quit using:

<b>My finances will be affected...</b>	
If I continue using:	If I quit using:

<b>My health will be affected...</b>	
If I continue using:	If I quit using: