

Holistic Wellbeing

Pathway of Recovery

Person-Focused First Order Change

Hope
Sense of Agency
Decision-Making Control
Meaning & Purpose
Awareness & Potentiality
Re-Authoring — Coping
Re-Authoring — Healing
Re-Authoring — Wellness
Re-Authoring — Thriving

*Building
Personal
Capacity:
Trauma-
Informed
Orientation*

Relationship-Focused Empowering Exchanges

Secure Relatedness
Enduring Partnerships
Shared Decision-Making
Shared Risk-Taking
Peer-to-Peer Connection
Cultural Responsiveness
Meaningful Choices
Interdependence
Vital Engagement

*Building
Community
Capacity:
Inclusive
Orientation*

Community-Focused Second Order Change

Basic Material Supports
Sense of Place/Habitat
Social Circumstances
Social Connectedness
Social Opportunities
Human Rights
Citizenship
Substantial Freedoms
Integration

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