

ADDRESSING OPIOID USE IN IOWA



WHO WE ARE

- Iowa Department of Public Health
- Division of Behavioral Health – Single State Authority on Substance Use Disorders
- Bureau of Substance Abuse
- State Opioid Treatment Authority (SOTA)



STATE OPIOID TREATMENT AUTHORITY (SOTA)

Designation from federal Substance Abuse and Mental Health Services Administration (SAMHSA). This means that IDPH will:

- Provide licensure oversight of our Opioid Treatment Programs (OTPs),
- Work as a liaison between OTPs and SAMHSA
- Support Evidence-based Practices as it relates to treating Opioid Use Disorders



SEVERAL OPIOID RELATED GRANT EFFORTS UNDERWAY

- Access to Recovery (ATR)
- **Medication Assisted Treatment – Prescription Drug and Opioid Addiction (MAT-PDOA)**
- Pregnant and Post-Partum Women (PPW)
- State Youth Treatment – Implementation (SYT-I)
- Strategic Prevention Framework for Prescription Drugs (SPF-Rx)
- **State Targeted Response (STR)**
- Prevention of Opioid Misuse in Women (POMW)

MAT-PDOA GRANT

IDPH was awarded a SAMHSA MAT-PDOA grant in July 2015. The 3-year grant directs \$1 million per year to IDPH to assist the state in meeting the following goals:

- Increase/Expand the use of MAT
- Educate/Advocate on MAT related issues

INCREASE / EXPAND THE USE OF MAT

IDPH identified the 10 highest need counties in the state based on opioid prevalence data and then released a Request for Proposal – 4 Awards.

- United Community Services (UCS) – OTP
- Jackson Recovery – Abstinence Based
- Area Substance Abuse Council (ASAC) – Abstinence Based
- Mercy Turning Point – Hospital Based



MAT-PDOA RESULTS

- Number of admissions to date: 257 clients (Goal of 220)
- Length of stay: Median of 161 days (Compared to 55 days with no planned MAT)
- Acceptance by abstinence-based providers
- Addition of credentialed providers
- Billing familiarity (non grant-funded admissions)

MAT-PDOA: CONTINUED

Another goal of the MAT-PDOA grant is to educate and advocate on MAT related issues such as:

- Naloxone Standing Order/Administrative Rules
- Opioid Overdose Recognition and Response Brochure
- Prescription Monitoring Program
- Education and Outreach on Opioids and MAT (CDC Guidelines, History of Opioid issue, Legislative Assessments, etc.)
- Recovery Community Organizations (RCOs)



STR GRANT

IDPH received the SAMHSA Opioid State Targeted Response Grant (STR) in May 2017. The two-year grant directs \$2.7 million per year to assist the state in accomplishing the following goals:

- Build an enhanced, statewide infrastructure to address opioid misuse in Iowa
- Increase awareness of opioid risks through statewide prevention efforts
- Increase the use of MAT and other evidence-based practices

STR PLAN

Iowa has a SABG provider network of 21 catchment areas. IDPH is contracting with each of these providers to conduct the following activities:

- Conduct a community-wide needs assessment
- Develop a comprehensive strategic plan
- Introduce or enhance MAT services

WHY SO MUCH FOCUS ON OPIOIDS IN IOWA?

From 2005 to 2016:

- Opioid overdose have deaths increased from **28** to **86**
- Opioid related deaths have increased from **59** to **180**
- Substance Use Disorder treatment admissions have increased from **608** to **2,274**

Our biggest concern is the rate of increase. We want to be proactive instead of reactive!

DIVISION OF BEHAVIORAL HEALTH BUREAU OF SUBSTANCE ABUSE

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