

2017 Mental Health Conference, October 3 2017, Des Moines IA
Steven Onken, Presenter

The Intersectionality of Trauma and Recovery (Keynote)

How might we move recovery from talk to action in our daily practice, whether with a person, community or system, when addressing trauma? Dr. Onken will present an ecological framework that moves from first level (personal) change to second level (community and society) change, with an emphasis on recognizing the many overt and covert ways trauma is embedded in our lives and how to move towards creating and accessing community resources and social relationships that are needed to develop and exercise the person-based capacity to recover.

Specific Objectives:

- Attendees being able to describe a mental health recovery practice framework that incorporates person, community and relationship-centered elements of change.
- Attendees being able to describe the effects of trauma on the mind and body and how this impacts our recovery journeys.
- Attendees being able to describe ways to strengthen our hope, healing and recovery efforts.

Recovery Measurement (Break out Session)

Dr. Onken will facilitate a discussion regarding recovery measurement: the opportunities and the challenges. The session begins with establishing a context as to quality improvement and recovery assessment and then moves into participant sharing as to their assessment efforts. In the course of this exchange recovery dimensions, research, compendiums of measures, and current efforts are explored.

Specific Objectives:

- Attendees being able to describe tips for successful recovery assessment and evaluation.
- Attendees being able to identify the three dimensions of recovery assessment.
- Attendees being able to identify specific recovery measures and compendiums.