



Iowa Falls Prevention Coalition

2017 Symposium

Speaker Biographies

Pat Quigley PhD, MPH, ARNP

Patricia Quigley, PhD, MPH, ARNP, CRRN, FAAN, FAANP, Associate Director, VISN 8 Patient Safety Center of Inquiry, is both a Clinical Nurse Specialist and a Nurse Practitioner in Rehabilitation. As Associate Chief of Nursing for Research, she is also a funded researcher with the Research Center of Excellence: Maximizing Rehabilitation Outcomes, jointly funding by HSR&D and RR&D. Her contributions to patient safety, nursing and rehabilitation are evident at a national level – with emphasis on clinical practice innovations designed to promote elders' independence and safety.

She is nationally known for her program of research in patient safety, particularly in fall prevention. The falls program research agenda continues to drive research efforts across health services and rehabilitation researchers. She has translated her research findings into materials that are used in providing bedside and community care, e.g., the Falls Prevention Toolkit and patient education materials on the use of hip protectors, ensuring seamless transition between her scholarly work and its application in real world settings. Dissemination of this work has progressed beyond the Veterans Administration (VA) through the media including national and local television and newspapers as well as through publications and conference presentations.

Her contributions significantly impact nursing science. She leads an interdisciplinary clinical team in the development of evidence-based assessment tools and clinical guidelines related to assessing veterans' risk for falls and fall-related injuries across multiple medical centers. Her leadership resulted in the first organization to achieve CARF Accreditation for 3 Rehabilitation Programs, which expanded to now 11; National Deployment of the Functional Independence Measure / Program Evaluation System throughout VHA rehabilitation programs, and national Evidence-based Fall Prevention Conferences for 11 years consecutively, and first organization to acquire ANCC's Magnet Designation. Additionally, she provides on-going consultation to the nursing staff, quality management, and patient safety coordinators for management of complex patients at risk for falls.

Michael Puthoff PT, PhD, GCS



Dr. Puthoff is a Professor and serves as the Director of the St. Ambrose University Physical Therapy Department in Davenport IA. He currently teaches courses in cardiopulmonary therapeutics, clinical exercise physiology and geriatrics and is a board certified clinical specialist in geriatric physical therapy. Dr. Puthoff's previous clinical experience has been primarily with older adult in the inpatient, skilled care, and outpatient settings. His current research focuses on improving function for patients in cardiac rehabilitation. Dr. Puthoff routinely serves as a guest healthcare professional for Matter of Balance classes in the Quad Cities.

Larry Readout, CSP, ARM, MBA

Larry is a Senior Engineer in EMC's Home Office Risk Improvement department, helping policyholders identify and reduce their risk of loss since 2003. Previously, he worked in the manufacturing sector for 30 years in various engineering, safety, and management roles. He has performed slip/fall assessments at hundreds of facilities nationwide; both public and private sectors. Conducts ongoing research and training on slip/fall hazards and control for the workplace, home, and community environments. Larry is a member of the National Floor Safety Institute, Iowa Falls Prevention Coalition and is an ANSI-certified walkway auditor. Other certifications and affiliations include:



- Certified Safety Professional
- Executive Certificate in Home Modification – University of Southern California School of Gerontology
- Matter of Balance Coach
- Certified Trainer – Industrial Biodynamics Slip Simulator
- Member of ANSI sub-committee developing standard test methods for footwear slip resistance

Janet Buls

Janet Buls lives in Independence, Iowa and works as a Program Coordinator for Northeast Iowa Area Agency on Aging (NEI3A). She has been working in aging services network since 1998. She enjoys working with older persons in health promotion activities including nutrition education walkability, livable communities, and evidence based programs for fall prevention and health promotion. Janet has been a fitness instructor since 1993 and a certified personal trainer since 2005.

Stacey Clough

Stacey Clough is a proud graduate of the University of Iowa, where she obtained her Bachelor of Science degree in Human Physiology. She has been at Mercy Medical Center-Des Moines

since 2013, where she is the Program Coordinator for the Better Choices, Better Health program and the Stepping On, Falls Prevention programs. She has been lucky to be involved with the Stepping On program since it was brought to Iowa in 2015 and enjoys serving as a Master Trainer as it allows her the opportunity to spread fall prevention awareness throughout the state. Furthermore, Stacey works with Mercy employees in the CHI-sponsored health promotion program. Currently, Stacey is working towards her Masters in Health Science degree, with an emphasis on health leadership and health education.

[Lana Comstock](#)

Lana Comstock, MSN, RN is an Improvement Advisor for the Compass Hospital Improvement Innovation Network (HIIN) at the Iowa Healthcare Collaborative and provides HIIN support in the Falls Prevention Community of Practice. She serves as improvement advisor for hospitals in Iowa, Illinois and South Dakota and promotes patient and family engagement emphasis in all quality measures to improve safety across the board.

[Margaret DeSio](#)

Margaret DeSio graduated from Iowa State University with a Master's Degree in Family Environment with an emphasis in Gerontology. She has worked in social services for 38 years and in the aging field for 35 of those years. Margaret has been a Master Trainer for A Matter of Balance since 2008 and was one of the first to coach classes in Iowa.

Margaret completed 26 years with Aging Resources of Central Iowa where she is the Contracted Services Director, overseeing funding to local provider of services to older adults in Central Iowa.

[Renee Gould](#)

Renee Gould has been a nursing practice leader at the University of Iowa Hospitals and Clinics for 28 years, with the past 8 years working in the Department of Nursing Research, Evidence Based Practice, and Quality. She earned both her Bachelor of Science and Master of Science degrees in Nursing from Northern Illinois University. She supports the work of high quality and safe patient care through many initiatives. Her main areas of expertise are in medication safety, needle stick safety and falls. Being knowledgeable about every patient fall at UIHC and chairing the Fall Prevention Committee, she has learned a lot about falls and is passionate about keeping her patients' safe.

[Kathy Mercurius PT, PhD](#)

Kathy Mercurius is an Associate Professor in the Department of Physical Therapy at Des Moines University. She obtained her physical therapy degree from Northwestern University, and her Doctorate in Health Sciences from the University of Indianapolis. She is certified in Tai Chi for Arthritis and Fall Prevention, Exercise for the Older Adult, and the Neurodevelopmental Treatment Approach.

Dr. Mercuris has worked as a physical therapist for over 40 years in acute care, home health, neurologic rehabilitation, and academic settings. Her clinical practice and research focus is on individuals with balance and gait problems due to vestibular or neurologic dysfunction.

[Kristin Meyer PharmD](#)

Kristin Meyer is an Associate Professor of Pharmacy Practice at Drake University College of Pharmacy and Health Sciences, and a consultant to the Iowa Veterans Home (IVH). She precepts third and fourth year pharmacy students in specialty geriatrics practice experiences at IVH in addition to various classroom teaching duties. Dr. Meyer is a graduate of Drake University and completed a geriatric specialty pharmacy residency at the Central Arkansas Veterans Healthcare System and University of Arkansas in Little Rock. Her main areas of interest and expertise are Alzheimer's, Parkinson's, and anticoagulation management. Dr. Meyer enjoys being active in the leadership and advocacy efforts of Iowa Pharmacy Association, American Society of Consultant Pharmacists, and the American Association of Colleges of Pharmacy.

[Trina Radske-Suchan, MPT, CSCS, FMSC](#)

Trina received her Master's degree in Physical Therapy from the University of Iowa. Trina has an emphasis in sports medicine & orthopedics, community health & wellness, and population-based healthcare. Trina is the Executive Vice President and COO of Community Health Partners where she oversees physical and aquatic therapy services, chronic disease management programs, health coaching, community and corporate health initiatives. Trina manages the delivery of evidence-based programs to address chronic disease, health disparities, and health-related concerns of an aging population. She works to build broader approaches to well-being throughout all stages of life by investing in partnerships with health care systems, government agencies, non-profits and corporate partners as well as build collaborations to enhance support for the clinic to community health model.

[Kady Reese](#)

Kady Reese, MPH, CPHQ, serves as the program lead for statewide strategies with the Iowa Healthcare Collaborative. In this role, Reese helms statewide strategic operations aimed at development of cross-collaborative and multi-disciplinary standards for population health to address priority health issues and disease states. She offers an array of experience across the healthcare continuum, including home health, primary and urgent care practice, healthcare administration and quality reporting. She holds a master's degree in public health from Benedictine University, as well as certificates in health management and policy and health education and promotion. She is a national champion for Person and Family Engagement with CMS as part of the Partnership for Patients and the Transforming Clinical Practice Initiatives. Ms. Reese is an ardent advocate for public and population health.

Ann Riley

Ann Riley is a part time community nurse for the Visiting Nurse Association of Johnson County. She has over 30 years' experience working with individuals with disabilities across their life span. She was one of the board members that helped create the "Prepare to Care Curriculum" for individuals supporting older Iowans and individuals with developmental disabilities. She currently offers trainings to caregivers assisting people with disabilities in addition to being a Stepping On Master trainer. She is working to achieve the goal to improve access to Stepping On trainings in all communities throughout Iowa.