

*If I can  
do it,  
so can you!*

HELPFUL HINTS TO  
ENVIRONMENTAL STRATEGIES

X



EFR EMPLOYEE & FAMILY RESOURCES  
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GET CONNECTED:     



### 1. BREATHE

The work you are doing has the potential to impact the lives of many in a positive way

- Review current data. Do not overlook local, state, and federal statistics
- Put the data into relatable words
- Draw a visual picture that shows the importance of the effort



### 2. DO YOUR HOMEWORK

- Meet with all sectors of your community
- Build momentum and support
- Request involvement from stakeholders



### 3. START TALKING



### 4. STRATEGIZE NEXT STEPS

**Ask yourself:**  
How will this work? Who will this impact? Plan for the unexpected!

- Be consistent with support and technical assistance
- Provide suggestions on ways to create change



### 5. HELP MAKE CHANGE

- Review outcomes throughout the year
- Share successes and challenges with the community
- Review if modifications need to be made



### 6. MEASURE YOUR PROGRESS

**HAVE  
FUN!**